

Sample Scenario

Title: TI JIÀNZI - CHINESE SHUTTLECOCK

Proficiency Level: Novice Range

Grade Level: Elementary Grades 1-4

Main Theme: Contemporary Life- leisure activity

Scenario Description

TI JIÀNZI - CHINESE SHUTTLECOCK

Part I

Third-grade students in Livingston, New Jersey, use three pieces of colored tissue paper, a quarter or two metal washers, scissors, and a piece of string to make a Jiànzei (Chinese shuttlecock). Mrs. Lee leads a brief discussion with students reviewing colors and the name of materials used in this activity. They use the math concept of fractions to fold papers. Students follow the procedures step by step and repeat simple instructions after the teacher. Students count the numbers when their teacher shows them how to play. Students learn to recite a children's rhyme that gives commands on using different parts of the body to play Jiànzei. (jiǎo bǎn xīn, shuǒ bǎn xīn, dào guǎizi, luòdì xīn, zuǒ shǒu dǎ lái yī tiáo xīn. (腳板心，手板心，倒拐子，落地心，左手打來一條心。)) In pairs, students give and respond to the commands, such as yòng zuǒ jiǎo tī sān xià (use the left foot to kick three times). Students compete in small groups and choose a winner from each group to perform at the school talent show.

Part II

TARGETED STANDARD	REFLECTION
C Interpersonal Communication	1.1 Teacher leads a brief discussion with students reviewing colors and the names of materials.
C Interpretive Communication	1.2 Students follow instructions and respond to simple commands.
C Presentational Communication	1.3 Students recite a Chinese rhyme.
C Cultural practice	2.1 Students participate in making and playing authentic children's games.
C Cultural Products	2.2 Students play Jianzi as a cultural product of the traditional Chinese culture.
C Making Connections	3.1 Students use math concepts and reinforce their math skills.
C Cultural Comparisons	4.2 Students compare the similarities and differences between Jiànzei with "hacky sack."
C School and Communities	5.1 Students perform at the school talent show.
C Lifelong Learning	5.2 Students play Jiànzei for personal enjoyment.

Part III

This activity can be extended to middle and high school students. Middle school students can watch a video and learn different authentic ways of playing Jiànzi. Through a jigsaw activity, students in groups can exchange information on the history of Jianzi since the Han Dynasty and when it was first performed in Europe at the 1936 Summer Olympics in Berlin by a Chinese athlete from Jiangsu Province. Students will discuss some basic skills necessary for practicing the Jiànzi and the basic rules for the shuttlecock sport. An exit ticket, as part of the ongoing formative assessments, could be conducted through a game at <https://kahoot.com/>.

Students in the high school who are at the intermediate range of proficiency level can demonstrate their understanding via the technological app <https://edpuzzle.com/> to elaborate on the history on how Jianzi became a traditional leisure activity for all ages in China and gained international popularity as a sport known in the United as Chinese hackysak, kikbo, or feather ball. Using green screen technology, students will create a tutorial video to explain that playing Jianzi is good training for eye, hand, and leg coordination and leads to better health. In the video, they can give step-by-step instructions on the skills of playing the shuttlecock game and provide tips on how to win as a competitive team. At a school “talent show,” high school students can perform a group demonstration on a variety of skills for playing Jianzi.

Part IV

Ressources

北京公园踢毽子

<https://www.youtube.com/watch?v=Q4idoe9RVIU>

踢毽子（两人）

<https://www.youtube.com/watch?v=PZGDOMKnGL4>

踢毽子河北卫视（无会议）

https://www.youtube.com/watch?v=KBNaWU_N-Tk

老太太踢毽子

<https://www.youtube.com/watch?v=cfXiYhr3HCE>

公园晨运中外人士踢毽子

<https://www.youtube.com/watch?v=SWrshZ48IE>

踢毽子介绍 好视频

<https://www.youtube.com/watch?v=SWrshZ48IE>

踢毽子示范分解动作

<https://www.youtube.com/watch?v=dCyeQdtbr2M>